

Welcome!

This course is intended to equip and empower graduate students with lifelong professional and learning skills.

We know that many issues plague research environments, including steep learning curves where many professional and learning skills are rarely taught, and that many equity-deserving groups disproportionately face barriers to success.

Therefore, this course aims to foster more inclusive, equitable, and productive research environments by giving all graduate and postgraduate researchers, or highly qualified personnel, the opportunity to learn skills that will critically support their success both personally and professionally.

This course includes five distinct modules on key skills selected by our collaborative team of HQP from a diverse range of backgrounds and experiences.

The five modules are: mentorship, navigating difficult conversations, project management, strategic learning, and academic resilience.

Before getting into the modules, this short introduction module will give you details on how to navigate the course content, a brief introduction to goal-setting and metacognition, and also provide more details on each of the individual modules before you progress forward.

Let's get started!